



# Reboot Your Brain

The BRE Program is Non-invasive, Simple and Produces Results

## STEP 1

### BRAIN ASSESSMENTS:

Each patient is administered several automated Neuro Assessments that identify lobe specific behavior imbalances.

## STEP 2

### CUSTOM BRAIN ENTRAINMENT:

We create a program that is tailored to the individual based upon our findings and then we proceed to entrain the brain. Most people are *driven by their brain*, we teach you how to take control and *drive your own brain*.

## STEP 3

### LOBE SPECIFIC SOUND PROTOCOLS:

The client simply puts on headphones and relaxes to BRE Sound Protocols "music with special frequencies, vibrations and signals" which repair and entrain the challenged pathways in the brain. Brain Exercises are also used to enhance entrainment.

## BRE Helps You Start Over and Get Ahead

If you could reboot your brain like you reboot your computer, you'd be able to learn more, feel better, and function more optimally in all aspects of life. Behavioral Relationship Entrainment (BRE) can help reboot your brain and correct imbalances within your brain, bringing it back into balance. BRE works to alleviate the symptoms of a wide range of challenges and improve personal performance. In as little as a few days most clients notice a difference in how they function. We can help you start over...and get ahead.

The benefits of the BRE program include: being more centered and focused, staying calmer in social situations, improved thinking and judgment, increased work output, enhanced academic and athletic performance, more effective adaptation to change, reduced anxiety and depression, improved immune system, better sleep patterns and more. This program alters cognitive function and behavior by correcting imbalances within the brain, which can lead to more optimal health, behavior, and functionality.

The BRE Program has delivered results for people suffering from the following issues: **Anger, Anxiety, Cognitive Skills Decline, Mild Depression, Mental Fatigue Focus / Attention Deficit, Frustration, Hyperactivity, Memory, Sleep, Productivity, Stress, Stress Related Illness and Learning Disorders.**

The program combines office visits with self-directed sessions for 4-6 weeks. Most people receive entrainment sessions 4 or 5 days a week for about 60-minutes a day. Clients enjoy the flexibility that our unique program offers because they are able to access their entrainment protocols in-between office visits 24/7 anywhere in the world through high speed Internet.

The BRE Program was developed by Brain Tek Institute and incorporates over twenty years of research using state-of-the-art technology. This program has assisted individuals, athletes, schools, institutions, doctors and clinics through brain entrainment since 1996.

How can the BRE Program work so rapidly and deliver such impressive and wide-ranging success? The answer boils down to 3 key factors: real-time data, specific customized analysis, and effective treatment with sound protocols.

Check us out on-line at [www.Transformational-Healing.net](http://www.Transformational-Healing.net) or call today to GET YOUR BRAIN REBOOTED. Free 30-minute consultations are available.

**Call today!**

Schedule your appointment:

Certified Behavioral Brain Entrainment Practitioner

**916-925-8200** or [Diane@Transformational-Healing.net](mailto:Diane@Transformational-Healing.net)

[www.Transformational-Healing.net](http://www.Transformational-Healing.net)